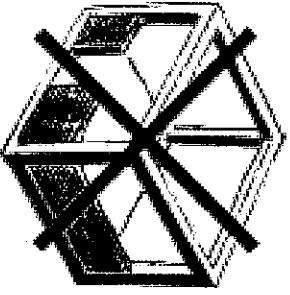




This manual explains this technique

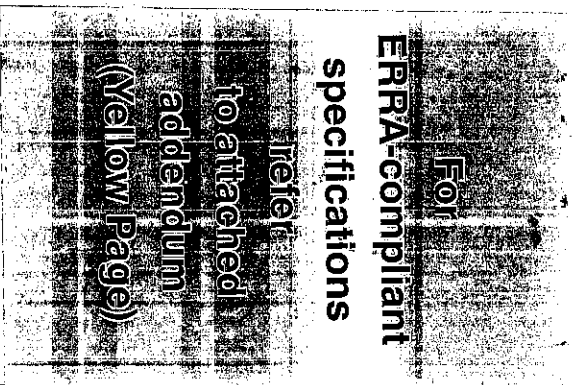
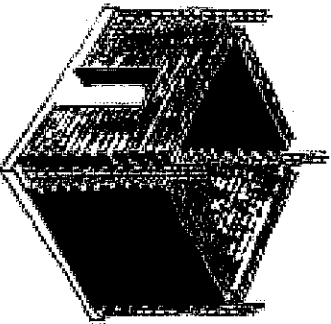
RC frames

Columns first, walls after



Confined masonry

Walls first, columns after



Confined masonry

An illustrated guide for masons

