

Theory of change definition

- A method of planning that helps to explain why a desired change is needed, and how the change should be expected to occur in a particular context
- It is structured such that desired targets and goals are established early in planning process thus agreeing targets, outputs, outcomes and impacts

Suggested six step process

1. Stakeholder engagement
2. Capacity needs assessment
3. Defining the interventions
4. Building partnerships for implementation of capacity development
5. Implementation of capacity development efforts
6. Monitoring and evaluation

available for everyone

Tertiary care, severe cases referred to tertiary

Adults (majority/minority) depression receive intervention as required

REDUCTION IN PREVALENCE OF DEPRESSION IN MACHAKO

Mental health care workers train + supervise lay health workers

Lay health workers do the right thing screening

TRAINED LAY HEALTH WORKERS SCREEN

20% reduction in cases of depression

Competencies of lay health workers

Tools for screening would be easy to use

lay health workers see depression as priority

Community awareness activities

Community trust lay workers

5% reduction in STIs

Capacity & motivation of lay health workers

Lay health care workers trained

SYSTEMATIC REVIEW

Open Access



Using theory of change to design and evaluate public health interventions: a systematic review

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De Silva et al. *Trials* 2014, **15**:267
<http://www.trialsjournal.com/content/15/1/267>



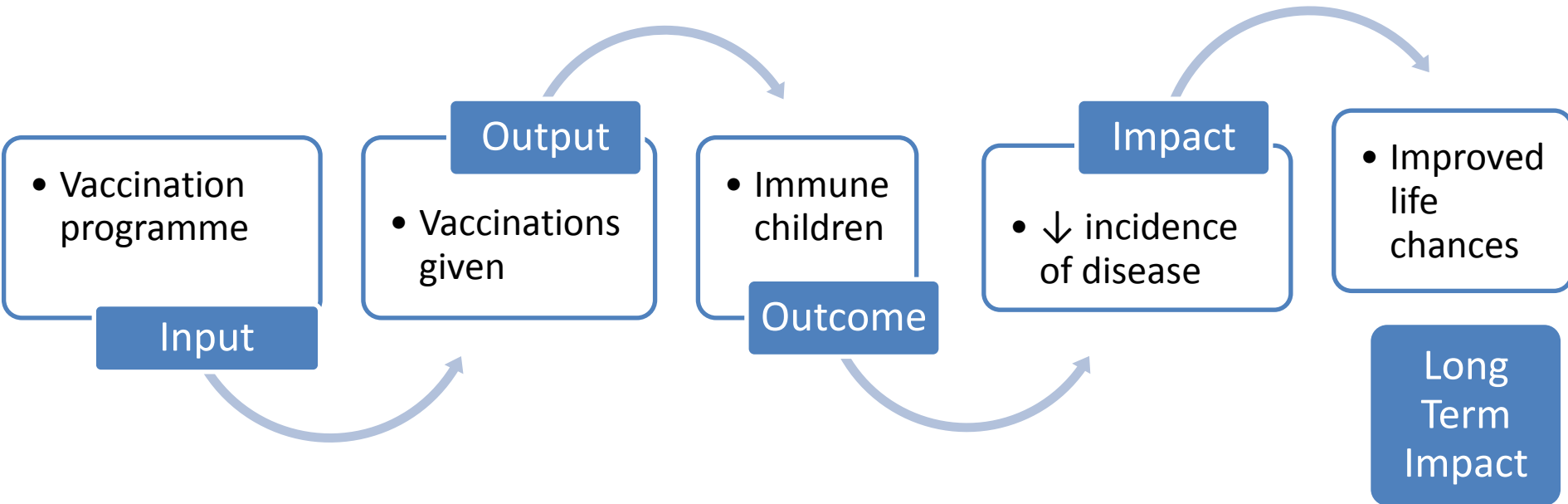
METHODOLOGY

Open Access

Theory of Change: a theory-driven approach to enhance the Medical Research Council's framework for complex interventions

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Vaccination example as Theory of Change



But what about... e.g.
Capacity development
National ownership
Sustainability

Strain Replacement
Poorly stored vaccines
Incorrectly given vaccine
Civil unrest...

“Assumptions” are a critical part of programme development & management

International Health Regulations: Theory of Change



Capacity building

Support for systems co-ordination
Workforce development



Technical assistance

Strengthen surveillance systems and public health diagnostic capability
Develop chemical-toxicological public health services
Support external evaluations, simulation exercises and after-action reviews

Workforce capacity increased in shortage-skill areas and systems leadership

Network of emergency operations centres and emergency response systems established

Laboratory systems and networks strengthened, including AMR

“One Health” inter-sectoral capacity improved

Strengthening of health protection systems and co-ordination in partner countries

Health protection workforce strengthened to address public health threats

Health protective technical systems enhanced and expanded



Improved global health security at national, regional and global levels

Activities

Outputs

Outcomes

Impact



COUNTING ON THE WORLD

Building Modern Data Systems for Sustainable Development



TRINDS
Thematic Research Network
on Data and Statistics

<http://unsdsn.org/wp-content/uploads/2017/09/sdsn-trends-counting-on-the-world-1.pdf>

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Questions to address

- What other steps could help to define a Theory of Change in the capacity development context? Any steps or sub steps you think should be added?
- Can the development of a capacity development plan help execute effectively the theory of change?

Suggested definitions for monitoring and evaluation

Monitoring – the process of observing the progress or quality of work over a period of time to keep it under systematic review and make improvements as necessary. Monitoring is continuous throughout the life of a body of work.

Evaluation – the systematic and objective examination of the design, implementation and results of a body of work. It is intended to promote learning to improve policy and practice and enhance accountability. An evaluation is a moment in the life of a body of work