

Table of Contents

What We Hope These Materials Will Do	iv
Background for the Teacher	v
Suggested Readings and Music	viii

CHAPTER 1 FEELINGS

Lesson Plan 1: Facing Personal Feelings	1
Lesson Plan 2: Stress and Relating to Others	7
Lesson Plan 3: Media Literacy	11
Lesson Plan 4: Have We Felt This Way Before? Reacting to Tragic Events	15

CHAPTER 2 FACTS AND PERSPECTIVE

Lesson Plan 5: Communicating the Facts	19
Lesson Plan 6: Be Media Savvy	23
Lesson Plan 7: Impact of the Facts	27
Lesson Plan 8: Facts About Terrorism and War	31

CHAPTER 3 FUTURE

Lesson Plan 9: Family Disaster Plan	35
Lesson Plan 10: Community Preparedness	41
Lesson Plan 11: Do Something!	51
Lesson Plan 12: Healing Tools, Routines and Rituals	57

Attention Teachers: In order for developers of this curriculum at the Red Cross to get feedback about how you and your students responded to these lessons, we ask that you take a few moments to photocopy and complete the evaluation forms found at the back of the *Activities* book. There is one form for you and a separate form for your students. Please return the completed forms to us in the postage-paid envelope provided. If the envelope is missing, please mail the forms to Rocky Lopes, Disaster Services, American Red Cross, 8111 Gatehouse Road, Falls Church, VA 22042-1203.

Thank you for your help.