

Facing Fear: Helping Young People Deal With Terrorism and Tragic Events Grades 6-8 Lessons Meeting National Education Standards—Health

Adapted from National Health Standards	Chapter 1: Feelings	Chapter 2: Facts and Perspective	Chapter 3: Future
STANDARD 1 Students will comprehend concepts related to health promotion and disease prevention.	Lesson Plan 1: Facing Personal Feelings Lesson Plan 2: Stress and Relating to Others Lesson Plan 3: Media Literacy		Lesson Plan 9: Family Disaster Plan Lesson Plan 10: Community Preparedness Lesson Plan 12: Healing Tools, Routines and Rituals
STANDARD 2 Students will demonstrate the ability to access valid health information and health-promoting products and services.	Lesson Plan 2: Stress and Relating to Others Lesson Plan 3: Media Literacy	Lesson Plan 7: Impact of the Facts Lesson Plan 8: Facts About Terrorism and War	Lesson Plan 10: Community Preparedness Lesson Plan 12: Healing Tools, Routines and Rituals
STANDARD 3 Students will demonstrate the ability to practice health-enhancing behaviors and reduce health risks.	Lesson Plan 1: Facing Personal Feelings Lesson Plan 2: Stress and Relating to Others Lesson Plan 3: Media Literacy Lesson Plan 4: Have We Felt This Way Before?	Lesson Plan 5: Communicating the Facts Lesson Plan 7: Impact of the Facts	Lesson Plan 9: Family Disaster Plan Lesson Plan 10: Community Preparedness Lesson Plan 12: Healing Tools, Routines and Rituals
STANDARD 4 Students will analyze the influence of culture, media, technology and other factors on health.	Lesson Plan 2: Stress and Relating to Others Lesson Plan 3: Media Literacy Lesson Plan 4: Have We Felt This Way Before?	Lesson Plan 5: Communicating the Facts Lesson Plan 7: Impact of the Facts Lesson Plan 8: Facts About Terrorism and War	Lesson Plan 10: Community Preparedness Lesson Plan 11: Do Something!
STANDARD 5 Students will demonstrate the ability to use interpersonal communication skills to enhance health.	Lesson Plan 1: Facing Personal Feelings Lesson Plan 4: Have We Felt This Way Before?	Lesson Plan 7: Impact of the Facts Lesson Plan 8: Facts About Terrorism and War	Lesson Plan 10: Community Preparedness Lesson Plan 12: Healing Tools, Routines and Rituals
STANDARD 6 Students will demonstrate the ability to use goal-setting and decision-making skills to enhance health.	Lesson Plan 1: Facing Personal Feelings Lesson Plan 2: Stress and Relating to Others	Lesson Plan 7: Impact of the Facts Lesson Plan 8: Facts About Terrorism and War	Lesson Plan 9: Family Disaster Plan Lesson Plan 10: Community Preparedness Lesson Plan 12: Healing Tools, Routines and Rituals
STANDARD 7 Students will demonstrate the ability to advocate for personal, family and community health.	Lesson Plan 1: Facing Personal Feelings Lesson Plan 2: Stress and Relating to Others	Lesson Plan 7: Impact of the Facts Lesson Plan 8: Facts About Terrorism and War	Lesson Plan 9: Family Disaster Plan Lesson Plan 10: Community Preparedness Lesson Plan 11: Do Something!

Additional alignments of these lessons with national standards in social studies and language arts are available on the Masters of Disaster Web site at www.redcross.org/disaster/masters.

©2001 by The American National Red Cross
All Rights Reserved
Printed in the United States of America

This book, or parts thereof, must not be reproduced in any form without written permission of the copyright owner.
For additional information on the Facing Fear curriculum, visit www.redcross.org/disaster/masters.