

Travel and Logistical Details for IAES Training Workshop

Arrivals and Departures

The easiest way to reach the MSB (Swedish Civil Contingencies Agency) College, Sandö, is by taking an SAS domestic flight out of Stockholm/Arlanda Airport, Terminal 4, to **Sundsvall/Härnösand Airport** (also named Midlanda Airport), situated some 50 min by bus from the College. (<http://www.swedavia.se/sv/SundsvallHarnosand/resenar>)

Departure time from Stockholm/Arlanda Airport to Sundsvall/ Härnösand Airport on 15 November will be either **17:50 or 21:10 hours**.

MSB will organise a round-trip bus transfer from Sundsvall/Härnösand Airport; there will be a driver with the sign “IAES” to transfer participants to the College.

Return flight from Sundsvall/Härnösand Airport to Stockholm/Arlanda Airport will be either 18th November at 19:05 hours or 19th November at 09:30 or 16:25 hours.

The bus will leave the College two hours prior the return flight.

Please send your travel plans to Gunilla Lindström, ASAP (gunilla.lindstrom@msb.se)

MSB College, Sandö

The College is located on the small island of Sandö in the river Ångermanälven, some 450 kilometres north of Stockholm. The surrounding region, known as the High Coast, is a UNESCO World Heritage Area. For more information about the Agency please visit our website at www.msb.se. For more information about the High Coast please visit the website <http://www.turistinfo.kramfors.se>.

The Academy is co-located with other training centres; Folke Bernadotte Academy, Police Academy and the Upper Secondary Rescue School and shares several facilities with these institutions.

Food and Lodging

All participants will have single rooms at the College with shower, WC, TV and telephone. Hair dryers are available in the reception. There are washing machines (incl. washing powder) in every building. Breakfast (06:45-08:00), lunch and dinner will be provided during the course. The food served will be common Swedish food, so if you have any **special dietary requirements** (for health, religious, or ethical reasons) please notify Gunilla Lindström as soon as possible.

Currency exchange rate

Please pay attention to the fact that **USD and EUROS are not accepted** for payment in Sweden. Your currency could be exchanged upon arrival at the Stockholm/Arlanda Airport at FOREX or X-CHANGE offices, since there are no money exchange facilities at Sandö.